

GROWING AND RESTORE OF EYELASHES– METHODS, CAUSES

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Abstract: Long and thick eyelashes are the dream of any girl, because they sharpen the look. Beauty salons now offer eyelash growth services. Do just one of these procedures and you will become the owner of beautiful eyelashes. But such growth has a huge drawback: after some time, the grown eyelashes begin to fall out along with the natural eyelashes. In this case, it makes more sense to use tips on how to extend eyelashes at home. For this, it is necessary to restore, strengthen and stimulate their growth.

CAUSES OF LOSS OF EYELASHES

There are several reasons why eyelashes do not look the way we want them to. One of the simplest reasons is vitamin deficiency. Even after artificial growth and curling, the condition of natural eyelashes deteriorates. In addition, the following factors also have a negative effect:

Using low-quality cosmetics. Such tools damage the eyelashes and the skin of the eyelid, as a result, the eyelashes grow thin and short.

Not washing off makeup. Eyelashes painted with a dream tend to break, and sleeping without washing them off creates conditions for this. In addition, the pores of the eyelids are closed and the breathing of the skin is disturbed.

Stress, diseases - if the appearance of the hair deteriorates, it is a sign of disturbances in the internal functioning of the body. Therefore, before applying the methods of lengthening eyelashes, it is necessary to pay attention to the state of health.

METHODS OF GROWING AND RESTORATION OF EYELASHES AT HOME

There are several ways to lengthen eyelashes and restore them:

Folk tools;

Cosmetic products;

Healing oils.

FOLK REMEDIES TO RESTORE EYELASHES

There are many folk remedies to restore eyelashes. All of them are expected and effective. Regular eyelash care frees you from going to the beauty salon.

Oils and cabbage or carrot juice. Squeeze a little juice from cabbage or carrots and add repeynoe or olive oil to it. Apply the mixture to the eyelid with light massage movements. Meanwhile, instead of cabbage juice, you can use aloe juice.

OILS FOR LONG EYELASH GROWTH

Nature gives us everything for beauty and health. There are many oils available to promote eyelash growth. Let's look at some of them.

Sesame oil. This oil is now widely used for hair, skin and eyelash care. You just need to apply the oil on your eyelashes and leave it for about an hour. Sesame oil should be used at least 3 times a week to strengthen and grow eyelashes.

Linseed oil for long eyelashes. The use of this oil gives great results. After two weeks of use, eyelashes look healthier. It should be applied along the lash line before going to bed. Flaxseed oil can also be mixed with almond, sesame and wheat oil.

Rose oil for growing eyelashes. Rose oil eliminates dryness and irritation of the skin of the eyelids, accelerates the growth of eyelashes and makes them surprisingly shiny. Apply this oil and leave it for 15 minutes, then wash it off with warm water. Chakanda oil helps to make eyelashes long and soft at home. Apply it to the eyelashes three times a week with a special brush. The effect of use is felt on the same day. For the softness of eyelashes, chakanda oil can be mixed with other medicated oils.

Regardless of what type of dream is used, applying the dream correctly is 70% of success. Use the fan technique: from the middle of the eyelid, paint the eyelashes with upward circular movements, in the outer corner towards the temple, and the short eyelashes in the inner corner of the eyelid towards the point where the nose meets the forehead.

how to dye eyelashes to make them long

2. PUT THE DREAM IN HOT WATER

Put the tube in hot water 10 minutes before applying the dream. This tool helps the formula to activate faster, and the volumizing dream has a better effect. In addition, a warm product is easier to apply, so it is possible to make eyelashes look longer.

3. FOLD ONLY ONCE

It is not necessary to fold the eyelashes again and again with a slipper. Do it once and stop: each use of the lipstick breaks the eyelashes more and causes them to fall out.

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