

## NURSING PROCESS AND ITS SIGNIFICANCE

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### Abstract:

People's daily life activities are closely related to health depends. Health is the connection between a person's life and the environment it is the result of human adaptation to this environment. World Health Care organization defines health as follows. "Health is a disease or not the absence of a physical defect, but a person's physical, it is a state of mental and social peace".

Activities of daily living are essential to living a healthy life are actions that occur and are repeated every day, includes physical, mental, social, cultural activities of a person

covers Activities of daily living Henderson's "Nursing What is the basis of his work?" as it is written in the manuscript human nutrition, physiological excretion, dressing, cleanliness, physical activity, rest, sleep, from participating in entertainment events, learning and working consists of Meeting these needs is important in human health plays a role.

People's self-care in daily life activities, it is necessary to take care of one's health and prevent diseases. Self-care is performed independently by a person are actions. If a person cannot take care of himself, that is if he needs physical, mental and social support, medical nurses or family members will help him closely. Nursing care from the assessment of indicators necessary for life starts. The nurse communicates with the patient and collects information about his problems.

Nursing work has an independent direction and is a treatment work is entitled to a job in a number of places. This, in turn, is medicine also expands the range of functions of juice, given by the doctor from the position of a simple executor of tasks to a very high level raises

Today's nurse has the following duties:

- 1) animal care;



2) disease prevention;

3) health care;

4) issues of getting patients on their feet and rehabilitation.

The nurse is a strong organizer, manager, pedagogue and psychologist it is the need of the hour. Meet the criteria of modern nursing three and the same standards of health and the basics of patient care not only to know, but also to be able to assess the mental state of patients necessary.

In addition, the disease causes symptoms and syndromes, causing the disease not the incoming factors, but separately for each patient:

— development of a complex program of individual care;

- must be based on the doctor's advice;

— should plan the organization of providing social and psychological assistance to the patient.

The main goals of nursing today:

— to the population and to the heads of treatment and prevention institutions the relevance and priority of the work of the sapling in the present period explain that;

- a way to expand professional responsibilities of a nurse to grow its capabilities and make effective use of it, to fully meet the population's need for nursing services;

- high-level medicine, both juicers and juicer work training managers and nurses with secondary and higher education providing and conducting the training process for;

— formation of a unique way of thinking in medicine.

The tasks of nursing are:

- management and organization of work with employees expand and develop their work;

- health care in the process of providing medical services to the population and coordination of activities of other organizations;

- to increase the professional competence and professional skills of medical workers carry out work on;

- development of new technologies in nursing work and implementation;

- implementation of the reform works in the area of shire work;

- providing nurses with modern medical information;

— to carry out preventive, sanitary-propaganda work;



- to carry out scientific research in the field of carpentry work;
- developing quality criteria for improving nursing work consists of output and its implementation and so on.

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