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## UZBEK PROVERBS AND EXPRESSION OF FOOD NAMES IN THEM

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#### **ANNOTATION**

This in the article Uzbek people proverbs and in them food of names expression was studied. Bread, milk, oil, grain products based on proverbs analysis done.

**Keywords**: national values, national cultural heritage, food names

### **ANNOTATSIYA**

Ushbu maqolada oʻzbek xalq maqollari va ularda oziq-ovqat nomlarining ifodalanishi oʻrganildi. Non, sut, moy, don mahsulotlariga asoslangan maqollar tahlil qilindi.

Kalit soʻzlar: milliy qadriyatlar, xalq madaniy merosi, oziq-ovqat nomlari

# УЗБЕКСКИЕ НАРОДНЫЕ ПОСЛОВИЦЫ И ВЫРАЖЕНИЕ НАЗВАНИЙ ЕДЫ В НИХ

**АННОТАЦИЯ**. В данной статье были изучены узбекские народные пословицы и выражение в них названий продуктов питания. Проанализированы пословицы о хлебе, молоке, масле, зерновых продуктах.

**Ключевые слова:** национальные ценности, национальное культурное наследие, названия продуктов питания.

In the Uzbek literary language, which has the status of the state language; requires the expression of thought in a concise, reasonable, figurative and impressive form. There are poets and writers, eloquent and eloquent, old and young, who, when they want to justify or strengthen their opinion, turn to proverbs. The thought expressed by means of a proverb, the given answer cannot be replaced by any means of the language or cannot be substantiated at the level of a proverb. Parmes, in particular proverbs, which are an important part of the national cultural heritage, are considered to be an expression of the worldview of the nation, and to study them in different ways, to reveal their linguopoetic and methodological features, is the task of





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today's linguists. is among the current issues. Nowadays, proverbs have been studied by thematic grouping, and extensive study of proverbs formed on the basis of food names is also important in linguistics.

Since food is an integral part of human life, it is important for our linguistics to collect the names of food that have been consumed in our people for centuries and to study their lexical-semantic, historical-etymological, production, and usage characteristics. is one of the issues. After all, people's place in society, lifestyle, cultural-household level are partially determined depending on their diet. Determining the structure and content of the concept of "Food" in the theory of linguistics is of great interest not only to linguists, but also to psycholinguists and cultural scientists, philosophers, psychologists

According to their observations, "This concept is one of the least studied in the linguistic sense, and its socio-cultural significance and value remain high <sup>1</sup>. " In fact, today proverbs are divided into thematic groups and studied based on different principles, studying Uzbek folk proverbs containing the names of food products is extremely important in linguistics. Analyzing the collection of "Uzbek folk proverbs", more than 40 proverbs were formed on the basis of food names. <sup>2</sup>In Uzbek phraseological units, the need to be careful with food, to observe the rules of behavior at the table, and the ideas of healthy eating are put forward. During our observations, proverbs involving food products such as bread, milk, grain, and oil lead the way, and in them wastefulness is often condemned and frugality is promoted.

about dairy products, milk is interpreted as the most wonderful blessing.

Dushmanga o't ber, do'stingga — sut;

Qizning qilig'i yaxshi, sutning — ilig'i;

Of the Uzbek people, the characteristic symbol of wealth and prosperity is the image of bread and butter:

- Bir boshoq don bir savat non;
- Oshni ayasang oshga, nonni ayasang nonga;





<sup>&</sup>lt;sup>1</sup> Barilova ES "Food" as a fragment of the Russian oath French language picture of the world / Barilova, ES / Bulletin of the Pskov State University. Series: social-humanitarian and psychological-pedagogical sciences. - 2011. - No. 13. S. - 152-153.

<sup>&</sup>lt;sup>2</sup> Mirzaev T., Musokulov A., Sarimsakov B.; Chief editor: Turdimov Sh. Uzbek folk proverbs: -Tashkent: Sharq, 2003. - 257 p.



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- Mehnat qilgan moy oshar; Mol boqqanning barmog'idan moy tomar;
- Mol boqsang, og'zi-burning moy, bo'ri boqsang, og'zi-burning loy;
- Hunarli moy oshar, Hunarsiz loy oshar; Sabr qilgan moy oshar, olqish olgan ko'p yashar
- One ear of grain is one basket bread;
- If you spare soup soup , if you spare bread bread;
- Labor did oil eat Mol your babysitter from the finger oil tomar
- Mol if you look, your mouth your nose oil, wolf if you feed, your mouth and nose are clay;
- Professional oil unskilled , unskilled mud eat Patience did oil oshar , applause received a lot live

In summary, of phraseological and paremiological units in linguistics different aspects: structural-semantic, linguocultural, cognitivestudying its characteristics is an urgent issue.

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