

## ADVANTAGES AND DISADVANTAGES OF SMARTPHONES

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Today, it is rare to find someone without a smartphone. Because man has become used to having a smartphone, it is usual for everyone to have one. But, while utilizing mobile phones, we must also consider their advantages and disadvantages. Mobile phones have completely transformed how people connect in today's society. Without a smartphone, a guy nowadays cannot finish his task for even a little moment. With a modern smartphone, you can make calls, send messages, read emails, edit, and store many documents.

When seen properly, the cell phone is a whole new creation made by and for humans. But everyone knows that everything good for a man on this planet also works against him. So let's discover the advantages and disadvantages of those things related to the smartphone in this article.

### Advantages of Smartphones

First, let's discuss some of the advantages of smartphones. Human life has changed and become much faster thanks to the smartphone. A mobile phone in today's world does several tasks besides just being a phone. The technology of mobile phones is updated daily in one way or another. In today's basic smartphone, you may snap photographs, listen to music or watch movies, send emails, play games, make money by creating videos, and access various information online.

You can go where you're going without getting lost with the assistance of the navigation feature. Your mobile phone may be used for countless additional activities, and a smartphone may also be considered a very small computer. On social networking sites, you may communicate with your friends online.

## 2. Easy Communication

Nowadays, everyone owns a cell phone of some form, whether small or large, cheap or costly. The ability to transport a mobile phone effortlessly is the first benefit, and



you may quickly communicate with loved ones far away with only a few clicks. Although mobile towers and networks may now be found anywhere, from the middle of a forest to a major metropolis, you can still use them as long as the network is available on your smartphone.

### 3. Good for Business Use

In the world of Business, smartphones have also shown to be incredibly helpful. You may quickly contact your company's personnel using this to receive all the information. You may explain and provide your staff with any information about their jobs over the phone. You may conduct Business with organizations located in other nations while seated in your own, and all meetings can be completed via video conferences. Additionally, this will make it simpler for you to understand your business and help it grow.

### 4. Helpful in Emergency

Somewhere, you are confined to an uncomfortable situation. Various sorts of discomfort exist. Similar to having to contact your relatives after an accident involving your automobile. You may also need help. Even then, you could require a cell phone if your health is severe and you need to see a doctor immediately. It would be best if you always had your cell phone while leaving the house since there are likely many such emergency quotes.

### 5. Education

Online learning has brought about a new revolution in education, and mobile devices are responsible for bringing it to people's homes. Nowadays, kids may readily access online courses because mobile has made it into 85% of households nationwide. These days, most colleges, universities, and institutions provide online courses with enough study materials that might take the shape of videos, pictures, text, PDFs, and other media. Throughout the Corona era, the majority of the children attended online classes.



## 6. Entertainment

In the modern world, using a smartphone for entertainment is common. People may view movies, listen to music, and play games on the latest upgraded smartphones' huge HD displays. Every second person uses mobile devices for amusement.

People can easily view their favorite shows, news, and other content on their smartphones while traveling or at home, thanks to services like Netflix, Amazon Prime Time, Hotstar, and others

### Disadvantages of Smartphones

Technology has advantages, but disadvantages might exist depending on how you employ it. As is well known, we all rely heavily on our smartphones in our daily lives and have done so for a very long time. Let's now discuss some of the drawbacks of cell phones, such as the potential loss of privacy if your phone is lost or compromised. Because so many apps and games are made to keep users entertained, smartphones may also cause addiction. Let's go over the disadvantages of utilizing mobile phones in more depth.

#### 1. The leak of Security and Privacy

Our daily lives now can't function without our smartphones. It's a terrific method to stay in touch with friends and family and convenient. Sadly, this dependence on technology has resulted in various security problems that might endanger you. Photos, movies, and music are continually captured on smartphones.

However, the smartphone is readily hackable, which poses a danger of your private information leaking (videos, photos). There are a lot of programs like this that, once installed, steal all of your data.

#### 2. Distance from loved ones

The biggest disadvantage of smartphones today is the distance from family members, which contributes to a lack of social interactions. People can no longer converse with someone sitting next to them for two minutes because they are so absorbed in their technology. Instead, they chat with someone who is seated thousands of kilometers away. For instance, four friends seated next to one another choose to chat on their phones rather than interact with one another, people at home dining are absorbed in their phones, etc.



### 3. Accidents during driving

People grow so preoccupied with smartphones that they even converse on them while operating a motor vehicle. The constant usage of mobile phones contributes significantly to this defect or harm

### 4. Health problem

By the way, the claim that smartphone towers harm health is not entirely supported. But according to some investigations, mobile phone towers can harm your health in various ways, including! Abnormal cell development, brain tumors, weakened immunity, sleep deprivation, anxiety, children's blood cancer, infertility, miscarriage, and other health issues.

### 5. Waste of Time

People frequently spend a great deal of time on their phones because they become dependent on them. This is because we get so readily reliant on our mobile phones, which are made to be addictive. It has an impact on the majority of students and teens. Students desire to engage in activities such as playing games, watching movies, listening to music, and other forms of entertainment that waste their time.

### 6. Sleep problems

The sleep schedule is negatively impacted by excessive mobile phone use. Even when sleeping, people use their phones. Some people's obsession with their smartphone screens during the night keeps them from getting enough rest

### Conclusion

The development of the smartphone is among the most significant ones in modern civilization. They have given us a method to communicate and maintain connections with people. Smartphones perform various tasks, making it simple to locate ourselves, stay in touch with friends, and learn more about our surroundings. However, several disadvantages to mobile phones are as significant, some of which are more troubling than others.



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