

PREGNANCY CARD

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Pregnancy is a special situation in which a woman needs attention, care and special medical supervision. Medical control allows to assess the health of the mother and the fetus at different times, to change the influencing factors to improve vital indicators. All information is entered in a special form - pregnancy card.

To obtain this document, a woman must choose a medical institution that entrusts her with pregnancy monitoring. As a result, registration is carried out, a pregnancy card is issued. This card accompanies a pregnant woman when she visits the doctor before delivery.

WHY IS IT NEEDED?

During a women's consultation or scheduled visits to a private obstetrician-gynecologist, a pregnant woman undergoes a series of tests, the doctor records changes in body weight and size. This information is entered into the personal card kept by the doctor and transferred to the pregnancy card, which must be with the expectant mother.

As a result, this card provides any specialist with complete information about the pregnancy process. This is considered necessary when choosing a maternity hospital, and the future mother makes the choice independently. Also, the presence of a pregnancy card helps specialists to understand the situation in emergency situations or unexpected development of pregnancy.

This card is an analogue of the outpatient card of the patient, only it is necessary at a certain period of life, it is intended for pregnant women and is kept until the birth of the child.

In order for any specialist to get quick and accurate information about a pregnant woman, it is filled out in a special form, in particular:

Basic personal data;

Date of birth;

Current duration of pregnancy;

Blood group and Rhesus factor;

Chronic diseases and pathologies;

Current state of health;

Expected date of birth;

The most important information about the child's father;

History of acute diseases.

WHAT THE CARD LOOKS LIKE

Most often, the pregnancy card is in the form of a brochure designed to include certain information. When this card is issued at a women's consultation or medical center, it usually has several external pages advertising maternity, pregnancy and newborn care.

These pages provide the expectant mother with information about the places of sale of goods of interest to her, sometimes they can store discount coupons. They can be kept or separated if necessary, leaving only the part of the card that is needed.

WHEN WILL THE PREGNANCY CARD BE ISSUED?

The Ministry of Health has set a condition for issuing pregnancy cards up to 22-23 weeks of pregnancy, from this period the history of pregnancy is always with the woman: premature birth, childbirth started in another city, and in other cases, her is of great importance.

Medical institutions follow their own internal rules and terms of issuing cards, the exact period can be found out when choosing a particular institution.

REQUIRED DOCUMENTS

A pregnancy card is issued according to the standard set of documents for citizens: Passport (identity document);

Medical insurance policy.

According to the internal laws of the medical institution, other types of documents may be required.

The purpose of having a card is not only to create a complete picture of pregnancy. Sometimes the document is formalized: it confirms the status, term, contains information about the main analysis. The main thing is that pregnancy is confirmed by doctors and by appropriate tests, ultrasound examination.

It is recommended that pregnant women carry this card with them constantly, especially in the third trimester of pregnancy (together with the passport). It is necessary to form the habit of not leaving home without these documents.



Pregnancy is a special situation, labor can begin at any time, not according to the expected start date. Sometimes the situation requires a very quick intervention, and without documents, the ambulance will take you to the maternity hospital on duty or the nearest one (depending on the situation) and not to the maternity hospital of your choice.

WHICH MEDICAL FACILITY SHOULD BE CONTACTED

In order to monitor the pregnancy and get this type of card, it is necessary to visit maternity hospitals in each district. In these institutions, the necessary conditions for monitoring the development of the fetus have been created in every expectant mother. In addition, in special cases, it is possible to apply to special non-governmental medical clinics.

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