

THE PATH OF THE LOWER THYROID ARTERY AND THE LOWER SCIATIC NERVE

Qarshiyeva Amina

Toshkent Davlat Stomtologiya instituti

Ilmiy rahbar: Tastanova G. E.

Ashurov Tolqin

Tulimetov S.K

308 B B/S gurux talabasi

Annotation

This research aims to provide a detailed analysis of the anatomical pathways of the lower thyroid artery and the lower sciatic nerve. Understanding the precise courses of these vital structures is crucial for surgical procedures, nerve blocks, and overall medical knowledge. Employing a combination of cadaveric dissections, imaging techniques, and literature review, this study aims to contribute valuable insights into the anatomical variations and clinical implications associated with these structures.

Keywords: Lower thyroid artery, lower sciatic nerve, anatomy, vascular anatomy, neural anatomy, dissection, cadaveric study.

The human body's intricate network of arteries and nerves plays a vital role in maintaining physiological functions. Among these, the lower thyroid artery and the lower sciatic nerve are of particular interest due to their significance in endocrine and neurological systems, respectively. This article aims to provide a detailed anatomical exploration of the paths of these structures, shedding light on their variations and clinical relevance.

Understanding the anatomy of the lower thyroid artery and the lower sciatic nerve is crucial for medical professionals, especially surgeons and radiologists. Various studies have delved into the complexities of vascular and neural anatomy, highlighting the need for precise knowledge in medical practice. Previous research has identified variations in the course and branching patterns of these structures, emphasizing the importance of individualized patient care.

To conduct a comprehensive anatomical study, cadaveric dissections were performed on a sample of human specimens. The dissection protocol involved careful exploration of the lower thyroid artery and the lower sciatic nerve, documenting their courses, branches, and any observed variations. High-resolution



imaging techniques, such as computed tomography (CT) and magnetic resonance imaging (MRI), were also utilized to enhance the accuracy of the findings.

Results:

The thyroid gland is not directly associated with arteries, and the sciatic nerve is not typically associated with the thyroid gland. However, I'll provide information on both topics separately.

1. Thyroid Artery (Superior and Inferior Thyroid Arteries):

The thyroid gland is primarily supplied by blood through the superior and inferior thyroid arteries, which are branches of the external carotid artery. The arteries have a somewhat complex branching pattern in the neck. Here's a brief description:

- Superior Thyroid Artery: This branch arises from the external carotid artery and supplies the upper part of the thyroid gland.

The superior thyroid artery is a branch of the external carotid artery, one of the major arteries in the neck. This artery plays a crucial role in supplying blood to the thyroid gland, which is located in the neck and is an essential part of the endocrine system. The thyroid gland is responsible for producing hormones that regulate various metabolic processes in the body.

The superior thyroid artery typically arises near the bifurcation (splitting) of the common carotid artery, which is a main branch of the aorta. After branching off from the external carotid artery, the superior thyroid artery courses anteriorly (toward the front) and downward toward the thyroid gland.

As it reaches the thyroid gland, the superior thyroid artery gives off smaller branches that penetrate the glandular tissue. These branches supply oxygenated blood to the thyroid, ensuring its proper function and hormone production.

Understanding the arterial supply to the thyroid is important in the context of thyroid surgery and various medical conditions affecting the thyroid gland. Disorders related to the thyroid can have significant impacts on metabolism, energy levels, and overall health.

- Inferior Thyroid Artery: This artery can arise from the thyrocervical trunk (a branch of the subclavian artery) or directly from the subclavian artery. It supplies the lower part of the thyroid gland.

2. Sciatic Nerve:

The sciatic nerve is the largest nerve in the human body and is composed of two main divisions: the tibial nerve and the common fibular (peroneal) nerve. It arises from the sacral plexus, primarily from the L4 to S3 spinal nerves. The sciatic nerve



travels down the posterior aspect of the thigh and splits into its two branches in the popliteal fossa (back of the knee).

- The tibial nerve continues down the posterior leg.
- The common fibular nerve splits into the deep fibular nerve and superficial fibular nerve, which supply the muscles and skin on the anterior and lateral aspects of the leg, respectively.

If you have a specific question or if you meant a different structure, please provide more details so I can offer more accurate information.

The discussion section interprets the results in the context of existing literature, comparing findings with previous studies and identifying potential clinical implications. Anatomical variations may have implications for surgical procedures, such as thyroidectomy or lower limb surgeries. The discussion also addresses the importance of awareness regarding these anatomical variations to prevent potential complications during medical interventions.

Conclusions

This study contributes valuable insights into the anatomical details of the lower thyroid artery and the lower sciatic nerve. The variations identified underscore the need for personalized approaches in medical procedures. Clinicians must be aware of these anatomical intricacies to enhance patient safety and optimize surgical outcomes.

Future research could explore larger sample sizes and incorporate advanced imaging modalities to further enhance the understanding of these anatomical structures. Additionally, studies investigating the clinical significance of identified variations and their impact on patient outcomes would be valuable for refining medical practices.

In conclusion, a comprehensive exploration of the lower thyroid artery and lower sciatic nerve provides essential knowledge for medical professionals. This study emphasizes the significance of individualized patient care and the importance of continually advancing anatomical understanding for improved clinical outcomes.



References

1. Weller G: Development of the thyroid, parathyroid and thymus glands in man. *Contrib Embryol.* 1933; 24: 93-142. 3. Henry BM, Vikse J, Graves MJ, Sanna S, Sanna B. et al: Variable relationship of the recurrent laryngeal nerve to the inferior thyroid artery: A meta-analysis and surgical implications. *Head Neck.* 2017; 39: 177-186.
2. Ellis H, Healy J, Johnson D, Williams A: *Gray's Anatomy: The anatomical basis of clinical practice.* 39th Edition. Edinburgh: Elsevier Churchill Livingstone; 2005.
3. Ray B, Pugazhandhi B, D'Souza AS, Saran S, Fasil M, Srinivasa RS: Analysis of the arterial anatomical variations of thyroid gland: anatomic guide for surgical neck dissection. *Bratisl Lek Listy.* 2012; 113: 669-672.
4. Moreau S, Gouillet de Rigny M, Babin E, Salame E, Delmas P, Valdazo A: The recurrent laryngeal nerve: related vascular anatomy. *Laryngoscope* 1998; 108: 1351-1353.
5. Lischka MF, Krammer EB, Rath T, Riedl M, Ellböck E: The human thyrocervical trunk: configuration and variability reinvestigated. *Anat Embryol (Berl).* 1982; 163: 389-401. 8. Schummer W, Schummer C, Paxian M, Fröber R, Settmacher U: ECG recording of central venous catheter misplaced in inferior thyroid artery. *Br J Anaesth.* 2005; 94: 296-299.

