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## **SOCIO-PSYCHOLOGICAL AND PSYCHO-PHYSIOLOGICAL FEATURES OF THE FORMATION OF REPRODUCTIVE FUNCTION IN STUDENTS**

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Reproductive function is one of the most significant areas of human life. The biological meaning of sexuality as a manifestation of the reproductive function lies in the fact that it ensures the permanent preservation of humanity as a species, and all basic human needs are connected to it to one degree or another. Therefore, sexual disorders affect not only the narrow area of biological reproduction, but to one degree or another the entire environment of human existence. Sexuality explicitly or latently affects the course of activity and mental processes in all other spheres of human activity, even in those that are formally very far from reproductive behavior proper.

Despite such an important place occupied by human sexuality, it relatively rarely became the subject of psychological research proper, and the insufficient methodological elaboration of the issue also had an effect.

Numerous facts related to the psychology of sexuality have been obtained in history, ethnology, biology, medicine, psychoanalysis and cultural studies. Existing psychological studies, especially domestic ones, remain extremely fragmented, mainly relating to the field of psychopathology or pathophysiology.

Thus, human sexuality, like many other "base" functions, turned out to be "theoretically invisible" to psychology.

The theoretically most important perspective of the psychological study of human sexuality lies in the possibility of significant progress in solving the problem of specific mechanisms for integrating the biological and the social in man. According to K. Marx, hunger quenched with a knife and fork is no longer the same hunger that is quenched with fangs and claws.

The psychological meaning of this remark is not only that with a change in the way of satisfying a need, the need itself changes, but also that the sociocultural transformation of a natural phenomenon inevitably creates a specific area of cultural norm and pathology, the laws of which cannot be deduced from an organic substrate. An urgent task of the psychological study of the phenomenon of sexuality is to test the main hypothesis that the sociocultural regulation of sexuality - in the form of a



system of social norms, prohibitions and rewards internalized by an individual in ontogenesis, in the course of educating a bodily function through its sign-symbolic mediation, affect the organic substrate of sexuality and dynamics the main processes of activity in this area to no lesser extent than the actual biological determinants. The sign-symbolic mediation of sexuality is the main psychological mechanism for the convergence of sexuality in a number of essential ways with higher mental functions.

In the course of our research, it is possible to show that at this stage of the cultural and historical process, precisely such a ratio of the main components of the phenomenon of human sexuality has been created, when it can be assumed that the cause of many violations of the human sexual sphere and the means of correction should be sought primarily not in biological determinants and not in organic substratum of sexuality. The cause of most disorders of sexuality, including various physiological dysfunctions, and adequate means of correcting these disorders should be sought in the system of sociocultural regulations of sexuality.

According to our assumption, the dynamics of the process, the general trend and prospects for the development of the phenomenon of human sexuality in most cultures consists in the gradual, gradual convergence of this originally natural, reproductive function that does not require the participation of consciousness and the corresponding behavior programs with higher mental functions and in the gradual acquisition by human sexuality of all the main signs of higher mental functions: in vivo formation, awareness, voluntary controllability.

One can also talk about the natural periodicity of the transitions of most societies from a strict, imperative, repressive paradigm to a liberal paradigm of social determination of sexuality. Another hypothesis to be tested is that, historically, periods of paradigm shifts are shortening, replacing each other more and more quickly, and the differences between strictness and loyalty, imperativeness and liberality are becoming smaller.

Further elaboration of the thesis formulated by us in the tradition of the cultural-historical approach to the study of mental formations (L.S. Vygotsky, A.N. Leontiev, A.R. Luria), theoretical and practical aspects of this area of research into the phenomenon of human sexuality in the near future can open up fundamentally new, more effective, conceptual and methodological approaches to many important aspects of the formation of healthy sexuality, as well as improve the theory and practice of prevention, correction and treatment of functional disorders of the sexual sphere.



The role of the socialization of the sexual function is considered in most detail in psychoanalytic studies, but the mechanism of this process itself remains insufficiently understood. The most difficult moment to explain is the transformation of an involuntary physiologically determined natural bodily function into an arbitrary psychologically determined one.

If, following L.S. Vygotsky to consider that the most important “property of the highest mental function is the mastery of one’s own process of behavior”, then it must be admitted that sexuality at a rather early stage loses its involuntary natural character. Moreover, this is the only human function whose implementation canons were fixed even within the framework of legislation, as a result of which another socially determined regulatory mechanism for this function was formed. It is sexuality that is most consistent with the idea of "cultural development" of natural functions, which consists in the fact that "not nature, but society should be considered as a determining factor in human behavior."

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