

## INTERNETNING YOSHLAR TARBIYASIDAGI O‘RNI

Hasanov Zoir Sirojiddin o‘g‘li

O‘zbekiston Respublikasi

Qurolli Kuchlar Akademiyasi kursanti

### Annotasiya

Mazkur maqolada internetning yoshlar tarbiyasiga bo‘lgan ta'siri ilmiy asoslangan holda tahlil qilingan. Internetning yoshlarning ma'naviy va intellektual rivojlanishiga ijobiy ta'sirlari hamda uning salbiy jihatlari ko‘rib chiqilgan. Shuningdek, internetdan samarali foydalanish bo‘yicha ilmiy tavsiyalar va chora-tadbirlar bayon qilingan.

**Kalit so‘zlar:** Internet, yoshlar, tarbiya, ma'lumot, internet-resurslar, ta'lim, ijtimoiy tarbiya, innovasiyalar, axborot-kommunikasiya texnologiyalari, raqamli savodxonlik, virtual muhit va onlayn platformalar.

## РОЛЬ ИНТЕРНЕТА В ОБРАЗОВАНИИ МОЛОДЕЖИ

### Аннотация

В данной статье на научной основе анализируется влияние Интернета на образование молодежи. Рассмотрено положительное влияние Интернета на духовно-интеллектуальное развитие молодежи и его отрицательные стороны. Также описаны научные рекомендации и меры по эффективному использованию Интернета.

**Ключевые слова:** Интернет, молодежь, образование, информация, интернет-ресурсы, образование, социальное образование, инновации, информационно-коммуникационные технологии, цифровая грамотность, виртуальная среда и онлайн-платформы.

## THE ROLE OF THE INTERNET IN THE EDUCATION OF YOUTH

### Abstract

This article provides a scientifically based analysis of the impact of the Internet on the upbringing of young people. The positive effects of the Internet on the spiritual and intellectual development of young people and its negative aspects are considered. Scientific recommendations and measures for the effective use of the Internet are also outlined.

**Keywords:** Internet, youth, education, information, Internet resources, education, social education, innovations, information and communication technologies, digital literacy, virtual environment and online platforms.

Today, the development of information and communication technologies is bringing about fundamental changes in all aspects of society. In particular, the penetration of the Internet and digital tools into everyday life has opened the door to new opportunities in education, work, cultural communication and personal life. In this process, the younger generation is also recognized as one of the main users of this technological revolution. The Internet facilitates the educational process of young people, broadens their horizons and helps them acquire new skills. The Internet is not limited only to the educational process, but is also emerging as an important tool in the educational and social development of young people. Social networks create new opportunities for young people. For example, they can express their thoughts, share their creative developments or find sources of motivation that help them move towards their goals. There is also an opportunity to join groups and communities that suit their interests, acquire new knowledge, and learn about different cultures and experiences through social networks[1]. Young people have the opportunity to acquire modern knowledge, get acquainted with world cultures, make new friends and even demonstrate their abilities on a global scale through the Internet. For example, online educational platforms, social networks and digital creative spaces have become important sources of global connections and knowledge for young people. The Internet also opens up new opportunities for obtaining information about modern jobs and professional development. Young people can become competitive in their fields by creating startup projects, showcasing their creative work online or collaborating with international organizations. They can develop

critical thinking in a virtual environment and form skills in analyzing various types of information.

The Internet provides young people with instant access to the latest scientific discoveries, innovations, and technologies in the world[2]. This helps young people to stay up-to-date with modern scientific achievements and technological developments, thereby increasing their intellectual potential. They can also learn more about global issues such as climate change, human rights, or social inequality in society, and join various international organizations and movements. As a result, young people can increase their knowledge and practical experience and become active participants in society and responsible individuals. The Internet not only enriches their knowledge, but also helps them to make an impact as part of the global community and contribute to solving common problems of humanity. However, along with these opportunities, the Internet is not without its negative effects. There are cases of excessive dependence on the Internet, access to useless or harmful content, and exposure to false information among young people. In addition, bias in social networks, cyberbullying, and conflicts with the spiritual values of the digital world can negatively affect the upbringing of the younger generation. Also, false information and fake news on the Internet make it difficult for young people to correctly understand reality, can lead them to make wrong conclusions and decisions. Young people are more likely to occasionally encounter content promoting violence and various negative trends, which can seriously affect their psyche and moral consciousness.

Spending too much time on the Internet can lead to a decrease in physical activity, mental and physical health problems, such as impaired vision, sleep disorders, and spinal problems. There is also a high probability that young people will withdraw from social interactions in real life and fall into a state of social isolation. This negatively affects their psychological development and social activity.

Therefore, developing effective measures to combat the culture of Internet use and its negative effects is one of the urgent tasks of today. In this process, parents, educators and government organizations should work together, teaching young people to distinguish between the useful and harmful aspects of the Internet.

Today, the issue of rational use of the Internet in youth education has become one of the most pressing topics on the agenda. In order to ensure that young people use the Internet purposefully, usefully and safely, it is necessary to carry out systematic



work on the formation of skills for the correct use of information technologies, increase digital literacy and protect them from harmful content. This will increase the intellectual and spiritual potential of the younger generation and educate them as healthy and mature individuals for the future.

It has become necessary to teach young people to use the useful capabilities of the Internet, increase their digital literacy and form the ability to make independent choices in the flow of information. At the same time, preventing harmful influences, forming a culture of using the Internet and educating young people on the basis of national and spiritual values are today defined as important tasks for parents, educators and society.

Along with creating great opportunities in the education of young people, the Internet also poses serious risks. It serves as a modern tool in the process of education and upbringing, increasing the level of knowledge of young people, developing their creativity and providing opportunities for global communication. At the same time, when the Internet is used incorrectly, young people can face negative moral and psychological consequences, be exposed to harmful content or misinformation. In order to effectively use these opportunities and prevent negative impacts, all segments of society - parents, educators, government agencies and non-governmental organizations - must work together. Young people need to learn to use the Internet not only as entertainment, but also as a source of spiritual development, education and social activity. In this way, the Internet can play a positive role in the educational and intellectual development of young people, and negative impacts can be minimized.

The formation of a culture of rational use of the Internet is one of the most important tasks in the upbringing of young people. This process is not limited only to limiting or controlling the use of technology, but also includes helping young people move in the right direction in the digital world. In particular, the role of parents and educational institutions in this process is invaluable. Parents should monitor their children's online activities and provide guidance on how to protect them from harmful content, while educational institutions should implement programs aimed at increasing digital literacy. The goal is to make the Internet a tool for young people not only to acquire knowledge, but also for spiritual and intellectual development. Young people should not only acquire new knowledge and skills through the Internet, but also have the opportunity to express themselves, find solutions to social



problems, and be active on a global scale. Spending time on social networks reduces the time allocated to other important activities, such as studying or socializing. The Internet plays an important role in developing young people's independent learning and research skills. Its use facilitates their learning process and additionally encourages them to think independently, conduct research, and acquire new skills [3]. This can ensure that the future generation grows up as healthy, educated, spiritually rich individuals who can lead society. Therefore, building knowledge and skills on the wise use of the Internet is one of the important steps in improving the future of young people.

### Literature

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