

## MODERN APPROACH OF TREATMENT OF PATIENTS WITH CHRONIC TONSILLITIS AGAINST THE BACKGROUND OF FUNCTIONAL DYSPHONIA (REVIEW)

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**Abstract.** Any disease immediately leaves an imprint on the strength, timbre and pitch of the voice. One of the common causes of functional dysphonia in patients is untimely treatment of the disease in the acute stage and its transition to chronic, Chronic tonsillitis is a striking example. It is known that the problem of chronic tonsillar pathology has remained relevant for many decades and continues to occupy one of the leading places in the pathology of ENT organs. The problem of chronic tonsillitis at the present stage is becoming increasingly relevant due to the growth of tonsillogenic pathology of both local and systemic nature.

**Keywords:** chronic tonsillitis, dysphonia, trachea.

**Introduction.** The voice is the most important instrument of self-expression given to man by nature. With the help of the voice, you can learn a lot about a person: his personality traits, emotional state and even social status.

The vocal tract consists of three systems: aerodynamic (lungs), vibratory (vocal folds) and resonator (upper - nasal cavity, paranasal sinuses, oral cavity, pharynx; lower - trachea, bronchi, lungs, chest). Any disease immediately leaves an imprint on the strength, timbre and pitch of the voice. One of the common causes of functional dysphonia in patients is untimely treatment of the disease in the acute stage and its transition to chronic, Chronic tonsillitis is a striking example.

It is known that the problem of chronic tonsillar pathology has remained relevant for many decades and continues to occupy one of the leading places in the pathology of ENT organs. The problem of chronic tonsillitis is becoming increasingly important at the present stage due to the growth of tonsillogenic pathology of both local and systemic nature. WHO statistics indicate that 10-15% of the adult population suffers



from chronic tonsillitis in the world, mainly people of working age. Thus, according to various authors, 5-6% of the adult population suffers from chronic tonsillitis. According to other estimates, the incidence of chronic tonsillitis in different age groups ranges from 22% to 40%. Chronic tonsillitis creates conditions for the occurrence of functional voice disorders and deterioration of its acoustic characteristics.

Conclusion. Being part of the resonator section of the vocal apparatus, the palatine tonsils affect the voice and speech. In modern clinical practice, tonsillectomy is one of the most common surgical operations, which is designed to help patients with functional dysphonia. However, researchers have not made a final decision on treatment tactics, which requires further study of this problem.

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